

**МУНИЦИПАЛЬНОЕ ОБЩЕОБРАЗОВАТЕЛЬНОЕ  
УЧРЕЖДЕНИЕ СРЕДНЯЯ ШКОЛА С  
УГЛУБЛЕННЫМ ИЗУЧЕНИЕМ  
ОТДЕЛЬНЫХ ПРЕДМЕТОВ №12**

**Конспект урока английского языка  
В 8 классе Учебник Английский язык  
Афанасьева ОВ., Михеева ИВ.  
«Health is our wealth»**

Выполнила:  
Дудина Светлана Владимировна

# Тема урока: «Здоровье-наше богатство» “Health is our wealth”

Урок английского языка в 8-м классе (учебник О.В. Афанасьева И.В. Михеева, 8)

## Цель урока:

Активизировать навыки использования лексических единиц по теме «Здоровье», стимулировать использование в речи учащихся пословиц, связанных с темой, совершенствовать умения строить неподготовленные высказывания.

## Задачи урока:

**Воспитательные:** формировать навыки бережного отношения к своему здоровью, формировать стремление работать в коллективе.

**Образовательные:** развитие навыков работы с текстом, развитие умения письменно высказываться по теме.

**Развивающие:** развитие умения концентрироваться при предъявлении материала с наличием незнакомой лексики, закрепить умение наблюдать, сравнивать, анализировать.

## Тип урока: взаимодействие

**Оборудование:** компьютер, карточки для парной и групповой работы, рисунки, ваза с яблоками, учебник.

## Ход урока:

- **Начало урока: приветствие, введение темы.**

Teacher: Dear children! Today I invite you to be present and to take part in our lesson dedicated to the topic “Health”. You can see a vase of tasty apples. Do you remember an English proverb which says:

An apple a day keeps ... (help me , please) Yes, that’s right ..keeps the doctor away.

So , one good answer – one apple. I’m sure we’ll be the champions ( music is tuning “We’re the champions...”

- **Основная часть: этап актуализации**

Let’s work in pairs: one pupil will make a compound and the other a sentence: **ACHE**

I didn’t have a stomachache yesterday.

S T O M A C H	S T O M A C H A C H E
T O O T H	...
B A C K	...
E A R	...
H E A D	...

And now answer my questions:

1. Hve you ever had a headache?
2. Have you ever had a toothache?
3. Have you ever had an earache?

- **Практика устной речи:**

Teacher: What should we do in order not to have a toothache?

Pupils:

-we should clean our teeth;

-we shouldn’t eat too many sweets;

- we should eat more vegetables and fruit;
- we shouldn't keep pens and pencils in the mouth;
- we should consume vitamins.

T. What should we do in order not to have a headache?

- we should play sport games;
- we should walk outdoors 2 hours a day;
- we shouldn't play computer games for more than 1 hour a day;
- we should keep windows open twice a day;
- we shouldn't read books in bed or when there isn't enough light in the room.

- And now we'll divide your group **into two teams** and check your memory regarding proverbs about health. We have learnt many of them:

1. Здоровье дороже богатства.	a.the appetite comes with eating.
2. Голод-лучшая приправа.	b.Health is better than wealth.
3. Аппетит приходит во время еды.	c.An apple a day keeps the doctor away.
4. Кто рано встает, тому бог дает.	d.Huger Is better THaN sauce>
5. Яблоко каждый день ,и доктор не нужен.	e.Early to bed, early to rise makes a man healthy, wealthy and wise.

- Thank you for being so active. Now have a look at the screen. You can admire 3 vitamins. Tell me what products are rich in vitamin A: it's a carrot and butter. What products are rich in vitamin B?- (it's rye-bread and potatoes) What products are rich in vitamin C ? (black currant, apples, lemons, onions).

- **DEVELOPING WRITING SKILLS:**

Now children look at exercise 13 (c): write down in your copy-books your own examples with the following words:

- to be excited about
- to worry
- a sore throat
- to sneeze
- to fall ill
- to be seriously ill
- to examine
- to recover

**Work in teams.** Who will be the first and the best?

- Well done, children. And we have the right to relax and exercise our nice eyes in order they didn't hurt:  
Do as follows: stand up, hands high up to the stars, close your eyes; move your eyes to the right, then to the left, then to the window and to the door, move them up, move them down and open your eyes and look straight at my finger. That's all. Applauses!
- **Reading:** At home you did your task regarding your text about Ronald on page 213 ex.22.  
a)So tell Ronald's mother what to do, what products are useful for the boy and what food is not useful:  
Write them in two columns and then pronounce:  
Carrots, eggs, ice-cream, honey, cold water, milk, oil, chips, cheese, bread, vegetable soup, chocolate, sweets, a creamy cake, apples, pears, raspberry, icicle, garlic.  
b)Put the points in a logical order due to the text (ex.25 p.215)  
1. The doctor's advice.

2. The mother's call to the doctor.
  3. The weather on the football match day.
  4. The doctor's visit.
  5. Ronald's health at the end of the day.
- Summing up (Подведение итогов): now you know practically everything about keeping fit and being healthy. Don't forget: strong character in strong body. Your prize is one apple for each pupil and your homework will be as follows:
    - \* make up a dialogue about the doctor's last visit when you were ill.
    - \*learn the spelling of the words on page 209-210. Thank you, the lesson is over.